



# Junior Domestic Competition

Rules & Regulations  
Playing Conditions  
General Information

March 2021

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## Southern Districts Basketball Association (“SDBAL”) Junior Domestic Competition

### 1.0 Competition Structure

1.1 The SDBAL Junior Domestic Competition (“the competition”) is broken down into 2 distinct seasons:

- Summer Season – Term 4 and Term 1
- Winter Season – Term 2 and Term 3

1.2 The competition will be comprised of Clubs admitted from time to time to the Junior Domestic Program of Southern Districts Basketball Association (“SDBAL”).

1.3 For the purpose of this document, a “Club” is any team or collection of teams that play under the same name.

1.4 Games will be played in accordance with the FIBA Official Basketball Rules prevailing at the time unless otherwise specified in this document.

### 2.0 Age Limits

2.1 Age limits and competition structures shall be as determined by the Competitions Manager.

2.2 The criteria for eligibility within each age group are: -

- a player must be under the age stated in the relative age group by the final date of competition for that current season

2.3 Should any doubt exist over a player's age, the Competitions Manager may require the player to supply proof of his/her date of birth.

2.4 The minimum age for a player to be eligible to play in the competition is five (5). The player is able to commence playing at 4 as long as he/she turns 5 at some point during the season in which they commence.

2.5 DOB exemptions can be requested by clubs to the Competitions Manager on a case-by-case basis. Any decision made by the Competitions Manager in relation to granting or denying DOB exemptions is final. These decisions will be made in the best interests of the competition & then the player.

### 3.0 Team Nominations

3.1 To be eligible to play in a season, each team must complete a nomination form and pay the required nomination fee as specified in the attached Fee Schedule.

3.2 In submitting applications to play in the competition, any new Clubs must submit details of the colours and combination of colours to be worn by players in teams representing the Club.

3.3 New Clubs will be required to enter their teams under uniquely coloured uniforms. To avoid colour clashes, priority will be given to the club with the oldest uniform colour.

3.4 Upon being first accepted by SDBAL Management, the uniform will be regarded as the registered uniform of the Club.

3.5 New teams should not order uniforms until such time as their nominated colour combination is approved by SDBAL.

3.6 *Late Entries – Existing Teams:*

3.6.1 Existing teams are teams where the majority of players are players already registered at SDBAL.

3.6.2 For these teams we will accept a late entry up to round four (4) but clubs will be charged a Late Nomination Fee.

3.7 *Late Entries – New Teams:*

3.7.1 New Teams are teams where the new players (not registered in prior seasons at SDBAL) are greater or equal to the number of players registered in previous seasons.

3.7.2 We will accept a late entry up to round six (6) but clubs will be charged a Late Nomination Fee.

## 4.0 Team Withdrawals

4.1 Any Club withdrawing a team(s) after the grading period of the season will incur a Team Withdrawal Penalty as specified in the attached Fee Schedule.

4.2 If a Club does not notify the Competitions Manager at least 72 hours prior to the first game of the regular season that a team is to be withdrawn, then the Unnotified Forfeit Fine (outlined in the attached Fee Schedule) will be imposed in addition to the Team Withdrawal Penalty.

## 5.0 Player Registrations

5.1 Any player wishing to participate in any competition run by SDBAL must be registered online through Sports TG.

5.2 A player registers to play in a club within the competition by completing an online Registration Form. The Registration Form is only completed once, with clearances used to move players between clubs from that point onwards.

5.3 A player remains a registered player of his/her initial club until age prevents participation in the competition, or he/she is cleared to another club.

## 6.0 Player Clearances (Club to Club)

6.1 Any player wishing to transfer from one club to another at any point before or during a season must fill in and submit a Player Clearance Form.

6.2 Transferring players must apply for a clearance, no matter when they last played.

6.3 Players need to provide their Player Clearance Form to the Registrar of the club that they wish to be cleared from. The club has seven (7) days in which to sign the clearance and return it to the player unless a reason can be given not to clear the player.

6.4 SDBAL will endeavour to process fully signed clearances within seven (7) days, if the player is eligible to participate in the competition.

6.5 Players cannot compete for the new club until both their departing club & SDBAL have approved the clearance. It is the responsibility of the new club to ensure the player has been cleared prior to playing them.

6.6 The Competitions Manager may override any existing rule and approve a clearance where it feels exceptional circumstances apply.

## 7.0 Player Transfers (Team to Team)

7.1 Once a season has commenced, a player must apply for a transfer if they wish to move to a different team within their club.

7.2 Games played in a lower division will count towards finals eligibility in a higher division.

7.3 Clubs can submit a transfer for players moving to a higher grade to improve their chances of qualifying for finals. Note: A transfer cannot be lodged after a player has been automatically regraded (e.g. having played five games up in a higher grade).

7.4 Except where a player is a cleared player and therefore subject to the clearance rules, a player may move between teams within a club prior to playing his/her first game for the season, without a transfer.

7.5 Transfers will not be granted automatically. Where the transfer is lodged after grading is completed, the Competitions Manager will seek the advice of the clubs' contacts as to the

affect the transfer would have on the competitiveness, of both the team the player is leaving and the team to which they are going. If the transfer renders either team uncompetitive, the Competitions Manager can elect to reject the transfer.

## 8.0 Penalties

8.1 Should the Competitions Manager have any doubts as to the details supplied on a registration form, clearance form or transfer request, the Competitions Manager can request whatever proof they believe is warranted to satisfy their enquires.

Any submitted registration form, clearance form and/or transfer request that is subsequently found to be false and/or misleading, will result in the player being classed as ineligible i.e. the forfeit of all games the player participated in.

8.2 A club cannot play a player who is the subject of a clearance or transfer request, until the request is approved. Any club that intentionally ignores this rule, after being formally advised of the players ineligibility (in writing by the Competitions Manager), will forfeit all premiership points for all of the club's teams for the rounds in which the ineligible player played.

8.3 SDBAL has the discretion to impose a fine on a club for every game in which an unregistered player plays, after the Competitions Manager has notified the club that the player is unregistered.

## 9.0 Grading

9.1 Within each age group, the competition may be divided into divisions.

9.2 Teams will be nominated to specific divisions by their clubs at the time of team entry.

9.3 Under the direction of SDBAL Management, the Competitions Manager will evaluate all team entries and allocate teams to divisions prior to the grading season. Teams are graded based on their ability to play at a specified level.

9.4 Each division must contain a minimum of four (4) teams. The Grading period will be the first 4 weeks of each new season.

9.5 The Competitions Manager will review the performances of the teams and will determine the division to which each team should be assigned, in an endeavour to have all teams placed into a division in which they will be competitive.

9.6 Transfers will be allowed to enable the movement of players prior to Round 1 of the regular season so that the Competitions Manager can endeavour to assess the impact any player movements will have.

9.7 Highly Skilled Team

9.7.1 In the case of a division, where a team or teams (less than four) are believed to have a skill level exceeding the majority of teams within the division, a Grading Panel will be formed for the respective age group for the grading season only. The Grading Panel will be made up of the Head of Basketball and the Coaching Director.

9.7.2 The Grading Panel will advise the Competitions Manager by round four (4), whether they concur with the grading assessment of the Competitions Manager that a team/s has been judged to have a skill level above the majority of teams within the division, thus making the division uncompetitive.

9.7.3 A meeting will be held between the respective Club/s, Grading Panel, & the Competitions Manager to discuss the matter.

9.7.4 The following options will be presented to the Club/s: -

- a) Team split and players merged with players from a lower graded team within the relative age group and be graded accordingly.
- b) One or more players to be placed in a team in a higher age group.
- c) The entire team to be placed in a higher age group and allocated to a grade in which they will be considered competitive.

9.7.5 If a decision cannot be agreed upon then option (c) will be applied. Note the options (b) and (c) do not apply to the top age groups in each gender.

9.7.6 The club/s will have until the Wednesday after grading to determine their options. Where either option (a) or (b) has been selected, the Grading Panel will endeavour to assess the change/s in the team structure and their resultant competitiveness.

9.7.6 Any player who has had to change teams and or divisions and or age groups due to the above, is not allowed to return to their original team, for any reason, for the remainder of the season. Any player who does so will be classed as ineligible, resulting in the forfeit of all games the player participated in.

9.8 After grading, all competitions will be reset & ladders renewed back to zero (0) championship points regardless of whether teams have been graded in or out of the division.

9.9 The Competitions Manager has the right to regrade a team after the grading has been completed if they believe a team's performance is significantly different from that displayed during the grading period.

9.10 If a team is regraded at any time in the season, any points, to a maximum of 1 point per game, will be transferred to the new grade.

9.11 The Competitions Manager reserves the right to regrade a team at any time.

## 10.0 Player Eligibility

10.1 Within the registered club, the first team in which the player participates for that season, post grading & not as a fill in, determines their team & grade.

10.2 Playing up refers to a player playing in a higher grade, not in a higher age group. Players are allowed to play in a higher age group in any division as a fill in player.

10.3 A player may play in grades higher than his/her normal grade in the same age group for a maximum of 5 games, after which the player may not revert back to the lower grade.

10.4 Players may only play in one team if a Club has (2) teams in one grade in the same age group.

10.5 The exception to this rule is that players in U9's or Division 3 or below can fill in for another player in the same division of the same club to make a maximum of 6 in a team. Players can only fill in for a max of 3 games across the season in any particular team in the same age group & division.

10.6 Players are allowed to play for a different club or school in another age group with both clubs/school & SDBAL approval.

10.7 Players must not fill in for two teams in the same division on the same night/day of competition. Players are allowed to fill in for different teams in the same division if they are on a different week & all the above criteria are met.

## 11.0 Representative Players

11.1 Representative teams can submit a team into the competition, but they must play up an age division unless otherwise agreed upon by clubs & the SDBAL & they are not eligible for finals no matter where they finish on the ladder. Representative teams must seek permission from SDBAL before nominating their team into the competition.

11.2 Unless a written exemption has been granted by the Competitions Manager, representative players must be playing domestic within the SDBAL in order to be eligible to play for SDBAL in the SQJBC competition. Any representative players found not playing domestic within SDBAL will be suspended from their position within the representative program and removed from their representative team (without notice) until they are registered and playing in a domestic competition. Representative coaches will be instructed not to play these players until they are playing for a junior club or senior domestic team.

### 11.3 *Representative Player Points System*

11.3.1 The points system is about developing players of all levels by way of trying to ensure competition between teams is as equal as possible.

11.3.2 All teams nominated into a season must abide by the points system detailed below.

- For the Winter season: U11-U13 will be based off the current SQJBC season. U15-U20 is based off the previous SQJBC season.
- Summer Season: U11-U13 will be based off the previous SQJBC season. U15-U20 is based off the current SQJBC season.

11.3.3 A team that plays players totalling more points than allowed by below will forfeit the games they played and incur the associated fine for each forfeit.

11.3.4 Points to be as follows:

- SDBA Spartans or another associations Premier League – 5 points
- SDBA Titans or another associations Southern Cup – 4 points
- SDBA Trojans or another associations Challenge or Development Cup – 3 points.

11.3.5 Representative players receive these points regardless of being top age or bottom age & no matter which association they are from.

11.3.6 Maximum points per team are as follows:

- Division 1 is an open division & no points will be allocated. However, teams are not allowed to have any more than 3 Spartans rep players from the current SQJBC season regardless of how long an athlete has been at the club.
- Division 2 teams can't have more than 18 points
- Division 3 teams can't have more than 12 points
- Division 4 teams should not have any representative players playing.

11.3.7 There will be no additional points for teams who have more than 8 players.

11.3.8 Teams who have bottom age players receive full points (not half points). Players playing up an age division (e.g. an U13 player playing up in U15's or above) do not accrue any points.

11.3.9 Clubs are able to apply for an exemption from the points cap for representative players who are loyal to their respective club to get a reduction in points for those players.

11.3.10 Any players who have played at a particular domestic club for 4 (four) years or more can apply to be exempt from full points.

11.3.11 Any player who changes domestic clubs will be reverted back to full points until they can be eligible for an exemption again after 4 (four) seasons with their new club.

11.3.12 Clubs need to contact the Competitions Manager prior to the start of the Grading period to seek any player exemptions in particular teams.

## 12.0 Finals Eligibility - Teams

12.1 The final standings after all rounds will be determined primarily based on the number of competition points earned. Competition points will be allocated on the following basis:

Situation	Competition Points	Game Points
Winning team in any game	3 points	Per tablet
Losing team in any game	1 point	Per Tablet
Each team in a drawn game	2 points	Per Tablet
Any team recording a bye	3 points	0
Any team that forfeits a game (including deemed forfeits)	0 points	0
Any team where opposing team forfeits (including deemed forfeits)	3 points	20
Both teams where non-finals games are cancelled due to a power strike, water on court, player unable to move due to injury or any such cause beyond the control of the Competitions Manager	2 points	0 <u>or</u> per Tablet – depending on at what time during the game the cancellation occurs

12.2 If any teams are level on competition points, then the team having the higher percentage shall take the higher position.

12.3 If there are two teams that finish equal at the end of the regular season playing schedule, then only the result(s) of the game(s) between the two teams involved will be used to determine the final placing in the regular season standings.

## 13.0 Finals Eligibility – Players

13.1 Prior to the commencement of all games across the season, a representative from each team must mark on the tablet all players that are present and available to play. The referees will do a head count to confirm that the number of players able to play for each team is consistent with the number of players listed on the screen. A player does not have to take the court but must be in uniform and able to enter the game at any time.

13.2 In order to be eligible to play in finals, a player must have played half plus one (rounded up) of the total number of rounds for their registered team in a stipulated season.

13.3 Grading games do not count for the purposes of this calculation.

13.4 If a player misses out on finals qualification by the same number of byes for the season, the player must meet either of the following criteria:

- a) if the bye is during the season, for the bye to count towards eligibility they must play the game before & after the bye; or
- b) If the bye is in the final round of the season, the player must play two games prior to the bye in order for it to count towards finals eligibility.

13.5 Where the impact of byes affects a player's qualification, then the Club Registrar must notify the Competitions Manager by 9.00am on the Monday after the final round.

13.6 If a player is granted a transfer during the season, he/she must play sufficient games to qualify for finals.

13.7 Any new players registering for a team during the season must also play a sufficient number of games from the time they start to meet the requirement above. i.e. if there are 12 rounds in a season (so eligibility is set at 7 games) any new player in order to qualify for finals must play their first game by round 6 in order to play the necessary number of games to play finals.

### *13.8 Injuries*

13.8.1 Where a player is injured during the season, they can obtain finals eligibility for the games missed by producing a Medical Certificate (or notification of an impending medical certificate) for approval by the Competitions Manager. This request must be submitted by the Monday of the final round of the season and within 21 days of the injury occurring.

13.8.2 Exceptions for those injured after the Monday of the final round will be allowed, subject to presenting a Medical Certificate to the Competitions Manager.

13.8.3 Players will not be eligible to play any games for the period of time prescribed in the Medical Certificate. In order to commence playing within this period, a letter from a medical practitioner, clearing them to play, must be provided. If a player plays a game while still within the period defined on the Medical Certificate, he or she will be declared an illegal player and the game will be forfeited.

13.8.4 Where obtaining a Medical Certificate is difficult to achieve within the 21 days, the Club Registrar can notify the Competitions Manager by email identifying the injured player and advising the date by which the Medical Certificate will be provided. Credit for games missed due to the injury will not be given if the Medical Certificate is not provided by the advised date.

### *13.9 Extenuating Circumstances*

13.9.1 Upon written application from the Club Registrar to the Competitions Manager, consent may be given to allow a player to play in finals where he/she has not met the necessary criteria due to extenuating circumstances.

13.9.2 A team can replace any player who has qualified for finals but is injured/ill and has a Medical Certificate.

- The club can request a player be brought up from a lower division if the team qualified for finals has 5 or less players due to injury or illness.
- The player brought up must not be in a team competing in finals & must have played enough games to qualify for finals in their original team.
- The Competitions Manager may also nominate the next most eligible player or another player to replace an injured player.

13.9.3 Where a team only qualifies five (5) players, no extra players will be allowed.

## 14.0 Uniforms

14.1 All Players must wear distinguishable numbers as part of the uniform. Players may not participate in a game when wearing the same number.

14.2 Acceptable playing numbers shall be: 0,00 and 1 to 99.

14.3 A team shall forfeit five points for every player who is not in correct uniform. The penalty is to be applied if the player has already taken the court. The penalty cannot be applied after the last three minutes have commenced.

14.4 T-shirts are permitted to be worn under singlets if they are the same colour as the predominant colour of the singlet, black or white.

14.5 Players shall not wear equipment (objects) that may cause injury to other players.

14.6 The following are not permitted:

- Finger, hand, wrist, elbow or forearm guards, casts or braces made of leather, plastic, pliable (soft) plastic, metal or any other hard substance, even if covered with soft padding.
- Objects that could cut or cause abrasions (fingernails must be closely cut).
- Headgear, hair accessories and jewellery.

14.7 The following are permitted:

- Shoulder, upper arm, thigh or lower leg protective equipment if the material is sufficiently padded.
- Compression sleeves of the same dominant colour as the shirts or black.
- Compression stockings of the same dominant colour as the shorts or black. If for the upper leg it must end above the knee, if for the lower leg it must end below the knee
- Full length compression garments are permitted to be worn. These must be the same predominant colour as the teams shorts or black.
- All compression garments must be the same colour (i.e. must be all black or all same colour as the predominant colour of the uniform) No alternate or different colours.

- Knee braces if they are properly covered.
- Protector for an injured nose, even if made of a hard material.
- Mouth guard of any colour
- Spectacles, if they do not pose a danger to other players.
- Headbands, maximum five (5) cm in width, made of non-abrasive, unicolour cloth, pliable plastic or rubber.
- Any solid-coloured transparent taping of arms, shoulder, legs etc.

14.8 Correct uniforms shall consist of:

- Tops: To be of the same colour /colours, legibly numbered back and front with matching trim.
- Shorts / Briefs: To be of the same colour /colours, and length (No longer than knee length). Shorts are to have no pockets, exposed zips or buckles. Players are not permitted to wear their Spartans representative shorts for any domestic games
- Footwear: Must be sports footwear with non-marking soles.
- Jewellery: Earrings: Only studs are allowed if they have recently been pierced. These studs must be adequately taped & the player plays at their own risk. All other earrings (including established studs) must be removed. All other jewellery such as nose rings/studs, belly rings/studs, bracelets & necklaces, fitbits etc cannot be worn on court.

14.9 Where two teams of the same club meet in a game, it is the responsibility of the away team (team listed second – Team B) to ensure it has alternate club tops i.e. Carina Vipers versus Carina Cobras – Carina Cobras is responsible & will forfeit the game if alternate club tops are not worn.

## 15.0 Game Rules

### 15.1 *Timing – Grading and Regular Season*

15.1.1 A game shall consist of two twenty-minute halves.

15.1.2 Each team will receive 2 timeouts in the first half & 2 timeouts in the second half.

15.1.3 No time outs are permitted in the last minute of the first half or in the last 2 minutes of the second half in games where the clock is not required to not stop (margin 20+ points).

15.1.4 The clock shall stop in the last two minutes of the second half for all whistles if the margin is under 20 points. Therefore, if the margin is 20 points or more, the clock will run as per usual.

### 15.2 *Timing Finals*

15.2.1 Finals games are played under the same conditions as above with the exception that the clock will stop for all time outs and a time out is permitted in the last minute of the first half.

15.2.2 If the result at the end of regulation is a draw in a finals game, then 3 minutes of extra time will be played.

15.2.3 If the score is still tied after extra time, a further 3 minutes will be played until a result can be reached.

15.2.4 All fouls and timeouts will carry over into any extra time period. Teams will receive one (1) time out during each extra time period.

### 15.3 *Ball Size*

15.3.1 The Basketballs to be used in the competition will be as follows:

- Under 7 & Under 9 – Size 5
- Under 11 - Under 13 (Boys & Girls) – Size 6
- Under 15 - Under 19 (Girls) – Size 6
- Under 15 - Under 20 (Boys) – Size 7

### 15.4 *Free Throw Shooting Line*

15.4.1 Teams will go to the free throw line for two (2) bonus free throws once the opposition team has reached 8 team fouls for the half. The bonus free throws are not enforced if the 8<sup>th</sup> team foul or beyond is a team offensive foul or a technical foul.

15.4.2 The U9-U11 free throw line will be from the small line marked closer to the rim than the main free throw line.

### 15.5 *Scoresheets/Courtside*

15.5.1 Courtside will list all of the team's active players within the "Add Players" section. Only players who are registered in that specific team will appear. Teams must be updated in Sports TG prior to a game in order to be listed in the team list.

15.5.2 Teams who wish to add additional players to their team must have them added by Club Delegates electronically via Sports TG login.

15.5.3 Any additional players must be added into the team list and then added to Courtside prior to half time. The playing list is to be refreshed on Courtside (where possible) and the "Add Player" function within Courtside is not to be used. Player's names are not to be included as an active player in the team if they are not at the game and able to take the court.

15.5.4 Failure to adhere to these rules will result in loss of premiership points as determined by the Competitions Manager.

### 15.6 *Unforeseeable Acts*

15.6.1 If non-finals games cannot be played due to a power strike, water on court, player unable to be moved due to injury or other such cause beyond the control of the Competitions Manager, these games will be declared a 0-0 draw.

15.6.2 Finals games will be rescheduled at the discretion of the Competitions Manager.

15.6.3 Should games be cancelled at short notice (i.e. at the venue) the Club must ensure that the players who are at the court and ready to play are recorded in Courtside in order to receive game accreditation. This applies to both the team giving and receiving the forfeit.

15.6.4 Where this is not possible, or it is for a notified forfeit, the club who has been given the forfeit should submit a list of participating players to the Competitions Manager prior to the commencement of the next round to ensure those players who were to play on that day are given credit for the game for finals eligibility. The team giving the forfeit will not get any game credits for any of their players.

15.6.7 Where the decision to cancel the game occurs after the completion of the first half, the scores at the time of cancellation will stand as the final score. Where it occurs prior to the completion of the first half the game is not deemed to have been played and both teams are awarded a 0-0 draw. This does not apply to players or team officials being disqualified or fouling out.

#### *15.7 Score Bench Personnel*

15.7.1 Each team shall provide one competent Bench Official (Scorer or Timekeeper) for each game in which the team is engaged. The Referees will start the clock, at the scheduled commencement time. Where the Scorers are not in position to commence, 2 points will be given to the opposition for every minute or part thereof that the Scorer is not in position.

15.7.2 If, after 10 minutes of the scheduled start of the game, no scorer or coach is in attendance, the game will be declared a forfeit against the offending team.

15.7.3 Scorers must be at least 15 years of age.

#### *15.8 Discussions with Referees*

15.8.1 The competition does not recognise the concept of Team Captains. Therefore, only the Coach may approach a Referee during the course of a game.

15.8.2 In the case of U20's games, clubs can appoint a "player/coach" where a coach has not been appointed & they must be made known to the association by the Club & make themselves known to the referees before each game. The player/coach must be over 18 YO.

Assistant Coaches can be in attendance, but only one person may stand, and Assistant Coaches cannot approach the Referee/s.

### 15.9 *Forfeits - unnotified*

15.9.1 If a team does not appear with at least four players by the 10-minute mark of the scheduled time of commencement as shown on the fixtures, then the game shall be declared a forfeit and no premiership points shall be awarded to that team. The game shall be awarded to the opposing team and the score recorded as a win by twenty points to nil.

15.9.2 If both teams fail to appear with at least four players within 10 minutes of the scheduled starting time, then both teams will have given a forfeit and the game shall be declared a nil all draw and no premiership points awarded to either team.

15.9.3 A team shall be liable for a fine for each forfeit given (commonly called a Notified Forfeit Fee) at the rate prescribed by SDBAL Management (refer Fee Schedule).

15.9.4 Any team, which gives a forfeit in two or more games during the season, may be disqualified from the competition.

15.9.5 Teams late to the court or who have not added their players to Courtside or the scoresheet shall be penalised two points per minute or part thereof. After ten minutes a forfeit will take effect.

15.9.6 In the case of a forfeit, clubs must ensure that the players who attended the game are added to Courtside in order to have the game counted for finals eligibility.

### 15.10 *Forfeits – notified*

15.10.1. A Forfeit Fee to the offending Club may be reduced (refer Fee Schedule) where a team has prior warning that a forfeit will occur and notifies the Competitions Manager personally prior to:

- Monday 9:00am for a Tuesday Game
- Monday 4:00pm for a Wednesday
- Wednesday 4:00pm for a Friday Game
- Thursday 4:00pm for a Saturday Game

15.10.2 It is the Club Registrar or primary contact's responsibility to notify the Competitions Manager of the forfeit stating the following details: Club, Age Group, Grade, Gender, Team, Venue, Date and Time of the match and opposition.

15.10.3 The opposition team once notified of the forfeit must via the Club Registrar or primary contact submit an accurate team list of players due to play in that game. The email must be submitted to the Competitions Manager prior to the next round, in order that players may be credited with the missed game as qualification for finals.

### *15.11 Acceptable Defence*

15.11.1. In the interest of junior basketball development, man-to-man defence must be played in U7's, U9's, U11's, U13's & U15's for the full game.

15.11.2. Zone defence can be played at any time in the U17's, U19's & U20's and Youth competitions.

15.11.3. Under the principles of correct man-to-man defence, players may sag off their player to a "help" position and be in a position to guard their player should they receive the ball.

15.11.4. Players may set up in a full court or half court zone press but must fall back into man-to-man principles once the ball gets into the quarter court.

15.11.5. Each defensive player must guard a player of the offensive team - you must know who you are guarding e.g., know your opponent's number.

15.11.6. It is not stipulated that teams match up full court - half court is satisfactory.

15.11.7. Where a team plays half court man-to-man, all players must remain behind the centre line and pick up their player as they cross the line, any defence forward of the centre line will be deemed to be in a press in this instance.

15.11.8. Failure to comply with this rule:

- An official warning by the Referee Supervisor or Court Controller
- After one warning, a technical foul will be called on the offending bench.
- If a third offense occurs during the same game, the game will be forfeited to the opposition team.

15.11.9. It is the responsibility of the Court Supervisor and/or Referee Supervisor to police the No Zone Rule.

15.11.10 These rules do not apply, when a team has less than five players on the court.

### *15.12 Mercy Rule*

15.12.1. In the interest of junior basketball development, the mercy rule may be invoked where the margin between the two (2) teams is twenty (20) points or more.

15.12.2 Once a 20-point margin is reached, the coach of the trailing team is to be asked (by the referee and/or supervisor) whether they wish to have the Mercy Rule invoked. The coach of the trailing team may change their decision at any stage later in the game should they wish.

15.12.3 Where the Mercy Rule is invoked, the leading team must retreat behind the 3-point line until the trailing team and the ball has progressed over the halfway line after every made basket or throw in.

15.12.4 The Mercy Rule does not apply for Division 1 games on Friday nights in addition to U20 Boys and Youth Girls games.

### 15.3 *Under 7 Specific Rules*

15.3.1 No premiership ladders will be produced, and no finals will be played.

15.3.2 Games will be played on a half court with lowered rings.

15.3.4 A game shall consist of two twenty-minute halves. The clock shall not stop in either half.

15.3.5 Zone defence is not allowed in Under 7's competition.

15.3.6 A coach is allowed to walk on to the court during the course of play providing:

- They do not interfere with the flow of play or cause unnecessary delay in the game.
- They do not cause interference in either the line of sight or direction in which referees or players are operating within.
- They do not initiate conversation or make contact with a referee or opposition player.
- They conduct themselves in a professional and friendly manner.

15.3.7 In circumstances where it is deemed by the match referees that a Coach has breached these guidelines, the referee(s) will be required to:

- Explain to the coach where it is deemed the coach has breached the guidelines.
- Provide the coach with a warning without applying a penalty.
- Ban the coach from entering the court for the remainder of the game for any subsequent breach.

### 15.4 *Under 9 Specific Rules*

15.4.1 Although premiership points are accumulated, no finals will be played.

15.4.2 Games will be played on a full court with lowered rings.

15.4.3 A game shall consist of two twenty-minute halves.

15.4.4 The clock shall stop in the last two minutes of the second half for all whistles if the margin is 10 points or less.

15.4.5 No time outs are allowed in the last minute of the first half of the game or in the last 2 minutes of the second half if the clock doesn't stop (where the margin is more than 10 points).

15.4.6 Zone defence is not allowed in Under 9's competition.

### 15.5 *Technical Fouls*

15.5.1 Any player who receives a technical foul shall result in the player being substituted from the game immediately, irrespective of the score, the number of players on the court or time remaining in the game. The player can re-enter the game after a minimum of five (5) minutes and after the next available substitution opportunity.

15.5.2 Any coach who receives a bench technical will need to vacate the playing area for five (5) minutes of playing time. The coach can return to their teams' bench once the five (5) minutes of game time is up.

15.5.3 If the team doesn't have a team manager, then a parent can sit on the bench in place of the coach for the five (5) minutes he is not allowed in the playing area.

15.5.4 Any player or coach that receives two (2) technical fouls in a single game will automatically be disqualified and ejected from the stadium.

#### *15.6 Player or Team Disqualification*

15.6.1 Once disqualified, a player or players must leave the stadium and are not permitted to return or enter any other SDBAL venue for the remainder of that day.

15.6.2 Players under the age of 18 that are disqualified during junior competition are allowed to remain in the mezzanine or foyer of the stadium or in the vicinity of the canteen until collected by a parent.

## 16.0 Tribunal Process

16.1 To understand the rules surrounding the Tribunal Process, please refer to Attachment 1 of this document.

## 17.0 Blood Policy

17.1 To understand the rules surrounding the Blood Policy, please refer to Attachment 2 of this document.

## 18.0 Extreme Heat Policy

18.1 To understand the rules surrounding the Extreme Heat Policy, please refer to Attachment 3 of this document.

## 19.0 Working with Children

19.1 To understand the rules relating to the Working with Children Policy, please refer to Attachment 4 of this document.

## 1.0 Tribunal Process – Attachment 1

1.1 Reported persons must attend Tribunals after proper notification is received.

1.2 The Tribunal has the right to penalise for non-attendance.

1.3 A junior player (Under 18) must have a parent, guardian or club official to guide him/her.

### 1.4 *Incident Reports*

1.4.1 Each SDBAL venue manager (located at the canteen) or court controller, holds an Incident Report Form that is to be used to report significant matters felt to be of importance to the integrity of the game of basketball.

1.4.2 The Competitions Manager will investigate reported incidents, providing the Incident Report is endorsed by the Club Secretary/ President.

1.4.3 The Competitions Manager will convey to the Head of Basketball the findings and recommendations from the investigation for endorsement.

1.4.4 Any Incident Reports against Referees shall be investigated by the relevant SDBAL staff.

1.4.5 Any team wanting to protest or appeal in respect to any game should advise the Referee Supervisor &/or the Court Controller and raise an Incident Report.

1.4.6 If the findings of the investigations show any player, official, spectator or team has conducted themselves in a manner contrary to the Codes of Conduct, as set down and amended from time to time by the SDBAL, that player, official, spectator or team may be required to attend a Tribunal hearing for determination of any penalty deemed necessary for their actions.

1.4.7 If the investigation recommends a Tribunal hearing, upon endorsement from the Competitions Manager and Head of Basketball, the Tribunal Officer will formally charge those concerned and the office will advise all parties of the time and place of such hearing.

1.4.8 Those entitled to attend will be in accordance with Tribunal guidelines.

1.4.9 Only club officials can lodge an Incident Report where the complaint relates to a referee's performance or actions.

1.4.10 Players/coaches must contact a member of their club committee who will determine if their club wishes to lodge an incident report.

## 1.5 *Incident Appeals*

1.5.1 If the complainant does not agree with the investigation's findings, they may seek to appeal and request to have a hearing before the SDBAL Board. The request for a further hearing must be received by the Competitions Manager within 7 days of receiving findings.

1.5.2 The hearing will only be granted on one or more of the following grounds:

- Significant new or additional information which was not available for the original investigation; or
- The investigation was conducted in a manner that would result in an adverse finding.

1.5.3 The Board's Chairperson will decide if the grounds for a hearing are justified. If granted, the hearing must be held within 7 days of the receipt of the notification of intention to seek a hearing.

1.5.4 The hearing will be held before 2 members of the SDBAL Board & the General Manager and any other person as may be deemed necessary.

1.5.5 Any Board or staff member directly involved in the incident must exclude themselves from the hearing. Any Board or staff member who is connected with any club involved with the incident, will be excluded from the hearing.

1.5.6 No appeal will be deemed to have been received until acknowledged by the Competitions Manager.

1.5.7 The decision by the Board of Management, within its powers, will be final.

## 2.0 Blood Policy – Attachment 2

2.1 As Issued by Basketball Australia 23 August 2009

2.2 As a practical guide the following interpretation of court safety is to be followed.

- During the game the official shall order any player who is bleeding or has an open wound, to leave the playing court and cause this player to be substituted.
- Before the player is allowed back into the game the wound should be treated (no further bleeding) and the affected area completely and securely covered.
- A bleeding player who has received treatment, and the affected area covered, may remain in the game at the expense of a team time-out (as for an injured player)
- If there is blood on the uniform, the player should change the uniform immediately. (it will be necessary to carry a spare uniform for this purpose.)
- Under no circumstances should a player with wet or dry bloodstains on their uniform be allowed on the court.
- Prohibit a player returning to the court with a blood-stained uniform, unless the uniform has been soaked in the recommended solution for at least five minutes and thoroughly rinsed off with water. Destroy the HIV with a solution of 0.5% bleach and 2% detergent mixed with water and applied for five minutes. (Normal machine washing would kill the virus on pieces of clothing.)
- Blood on the ball - replace the ball.
- Blood spilt on the floor or benches should be wiped thoroughly with the bleach and detergent solution.
- A "Blood Kit" should be situated at the Score table during competition games.
- The Kit should be used only for the purpose of dealing with spilt blood on the floor or benches.

2.3 Bleach is the key ingredient. Standard household bleach is acceptable but must not be used past its use by date. Solutions should only be used if they have been mixed (prepared) that day.

2.4 All Score table Officials should be aware of these guidelines.

- Should an alternative singlet be used please update the temporary number on Courtside.
- When a uniform is changed draw one line through the old number, place the new number beside it, with an asterisk beside the numbers with an explanation at the bottom of the score sheet.
- Where Score table officials observe substantial bleeding or blood on a playing uniform, and the referees have not become aware of the problem, the chairperson is to wait until the next dead ball period before advising the referees.

2.5 Persons tending to bleeding players and blood on surfaces should:

- Take precautions so as not to come into contact with body fluids, particularly blood, or with soiled objects, even if the risk is low.
- Take care to avoid blood from the wounded person coming into contact with skin punctures or cuts, particularly on the fingers, or reaching the eyes or the mucous membranes of the nose or mouth.

- Spray the bleach and detergent solution directly onto the spilt surface, then wipe the surface with paper towels.
- Always wear latex, disposable surgical gloves in anticipation of contact with body fluids, particularly blood from the nose, mouth or a wound when touching nasal mucous membranes or broken skin (abrasions, dermatitis) or when handling soiled objects. The gloves must be discarded after use.
- Place soiled linen, and uniforms into sealed plastic bags, to then be washed in a normal machine-wash process.
- After placing soiled paper towels, surgical gloves, compresses, dressings and bandages into a sealed bag, destroy or dispose of the bags in garbage disposal bins.
- Thoroughly wash hands with a bleach and detergent solution before and particularly immediately after contact with the person being treated, even if gloves have been worn. Wash all areas that have come into contact with body fluids.
- Do not use sponges, especially not to clean several wounded persons in succession.

2.6 Suggested Contents of Blood Kit:

- 1 Packet of paper hand towels.
- 1 Packet of disposable latex surgical gloves.
- 1 Packet of medium size resealable plastic bags.
- 1 1500 ml Spray Bottle with 0.5% bleach and 2% detergent mixed with water.
- (Bleach is the key ingredient. Standard household bleach is acceptable, but it must not be used past its use by date.) Solutions should only be used if they have been mixed (prepared) that day.

2.7 A T-Shirt may be used if the team does not have a replacement singlet as long as the colour does not clash with that of the opposition's uniform. Track pants may be used if replacement shorts are not available. Clothing with pockets such as jeans is not permitted. Blood-stained shoes and socks must be removed

### 3.0 Extreme Heat Policy – Attachment 3

3.1 Exercise in the heat creates competitive demands on the cardiovascular system, which is required to increase blood supply to the exercising muscles. At the same time, it must regulate the body temperature by increasing skin blood flow in order to produce the sweat that keeps the body cool. High intensity exercise in a hot environment, with the associated fluid loss and elevation of the body temperature, can lead to dehydration, heat exhaustion and eventually heat stroke.

3.2 In Queensland the level of humidity we experience is generally much higher than it is in most other states. High humidity combined with high summer temperatures and intense physical activity can lead to heat exhaustion very quickly unless managed correctly. In addition, high humidity can also result in condensation and excess perspiration on the courts which can present a hazard for players. Officials, Coaches and Managers must ensure that the courts are kept dry for play to continue.

3.3 Sports Medicine Australia recommends participants drink 500mls before activity, 200mls every 20 minutes during activity and more than that if they are thirsty during or after activity. (At least 500mls).

3.4 On the day of the event, the Court Controller can cancel/postpone or take all reasonable steps necessary to address heat issues to ensure player safety. This decision should be made in consultation with the General Manager or Competitions Manager.

#### 3.5 *Guidelines:*

3.5.1 Refer to the thermometer/hydrometer located on the outside office wall on Court 1 to determine court conditions.

3.5.2 Ice can be obtained from the canteen and there are plenty of water taps located throughout the stadium.

3.5.3 Ensure that the overhead fans are on and in extreme conditions (over 35 degrees) the exhaust fans must also be on.

3.5.4 It is a workplace health and safety requirement that the fire doors remain closed, however under certain conditions, permission to open the fire doors may be given by the General Manager.

3.5.5 Where temperatures reach over 35 degrees (internal temperature), the Court Controller and Referees Supervisor should introduce additional time outs to ensure players are fully hydrated and game times should be reduced to 17 minute halves.

3.5.6 For any additional “referees” timeouts, the clock shall stop for the duration of the break.

3.5.7 Games should be abandoned when the temperature reaches over 38 degrees (internal temperature).

## 4.0 Working with Children – Attachment 4

4.1 All club officials and coaches over the age of 18 of a junior domestic team will require a Working with Children (WWC) check (Blue Card). This includes coaches of teams in the Under 20 age group where they have regular players or are likely to have fill in players under 18 years of age.

### 4.2 *No Card, No Start Policy*

4.2.1 The no Card, no Start rule will mean that paid workers must have a blue card (not just a pending application) before they can work with children.

People with paid applications in progress when the policy starts will be able to continue working while their applications are assessed.

4.2.2 Volunteers, trainee students and people running regulated child-related businesses already need a blue card before they can start working with children.

### 4.3 *Frequency Test*

4.3.1 People may not require a blue card if the regulated child-related work they are doing is infrequent. The frequency test checks whether a person needs a blue card based on how much regulated work (paid or volunteer) they will do in a year.

4.3.2 People won't need a blue card if their regulated child-related work is not more than 7 days in a calendar year.

4.3.3 If the regulated child-related work is more than 7 days, then a blue card will be needed. For this test, a 'day' includes a full day or part of a day (e.g. 2 hours of work on 1 day is considered to be a day).

4.4.4 There is no minimum frequency for people who run a regulated child-related business.

### 4.4 *30-day rule for expiring cards*

4.4.1 You are able to continue to work in paid employment, volunteer, run your business or undertake your student placement as long as you submit your renewal application before your current card expires.

4.4.2 If you don't apply to renew your card before it expires, you will be subject to the no Card, no Start policy and will not be able to continue work until a new blue card has been issued.

### 4.5 *Exemption cards for Queensland police and teachers*

4.5.1 Police officers with the Queensland Police Service and teachers registered with the Queensland College of Teachers apply for exemption cards, not blue cards.

4.5.2 Exemption cards will have expiry dates and will be valid for 3 years and then they will be cancelled if not renewed.

4.5.3 Existing exemption card holders whose cards do not have expiry dates printed on them will have 3 years to renew their existing exemption cards.

4.5.4 The No Card, No Start policy does not apply to exemption card applicants. Exemption card applicants can start in regulated child-related work as soon as their exemption card application form has been submitted.

4.5.5 Existing exemption card holders can start in new employment as soon as the employer links them to their organisation as an existing exemption card holder.

*Restricted people and restricted employment*

4.5.6 To further strengthen protections for children, the new laws will restrict certain people from relying on current exemptions to work with children, in some circumstances.

4.6 *Other Exemptions*

4.6.1 A restricted person means a person who either:

- has been issued a negative notice
- has a suspended blue card
- is a disqualified person
- has been charged with a disqualifying offence which has not been finalised.

4.6.2 Restricted employment refers to the situations that allow a person to work with children without a blue card, such as if they are:

- a volunteer parent
- a volunteer who is under 18
- paid or unpaid staff who work in regulated child-related employment for not more than 7 days in a calendar year
- a consumer at a child-related service outlet where they also carry out work at the outlet.

4.6.3 A child-related service outlet is a place where disability services are provided to children.

4.6.4 Each club will monitor their coaches/club officials' status and identify those whose Blue Cards expiry dates are due so that renewals can be undertaken prior to the expiry date being reached.

4.6.5 Prior to round 1 of every season, clubs must ensure that all coaches/club officials have a valid and current Blue Card.

## 5.0 Fee Schedule – Attachment 5

5.1 The SDBAL Management will publish a schedule of all fees and charges, penalties and fines etc prescribed by it as and when new levels are set. Fees may change at any time through SDBAL Management/Board discretion.

5.2 Publication of such a schedule will be sufficient notification of those fees and charges, penalties and fines etc and prima facie evidence of the prescription of the new fees.

5.3 All Clubs will be required to meet and pay all such fees etc. as required under the Rules.

5.4 All Fees are quoted excluding GST except where specifically noted.

<b>Type of Fee</b>	<b>Cost</b>
Junior Nomination Fee	\$96.50
Junior Weekly Game Fee	\$81.50
Senior Nomination Fee	\$120.00
Senior Weekly Game Fee	\$91.50
Team Withdrawal Penalty	\$260.00
Unnotified Forfeit	\$163.00
Notified Forfeit (within 24 hours of game)	\$163.00
Notified Forfeit (24 to 72 hours before game)	\$81.50
Notified Forfeit (more than 72 hours before game)	No Charge